



June 10, 2006

JOIN US FOR MEADOWLANDS LIBERTY ECO-TRI

FANTASTIC COURSE

GREAT PRIZES

ALL-DAY FESTIVAL



Meadowlands Liberty Eco-TRI

Saturday, June 10, 2006

**A Celebration of
the Hackensack River**

Brought to you by

New Jersey Meadowlands Commission

**Giants Stadium, East Rutherford, NJ to
Laurel Hill Park, Secaucus, NJ**



- 10 Mile Bike Through and
Around Meadowlands Sports Complex
- 3K Canoe on Hackensack River
- 4 Mile Run to Laurel Hill Park and MeadowFest!

LOCATION

Giants Stadium, East Rutherford, NJ to
Laurel Hill Park, Secaucus, NJ

SCHEDULE

Registration 6:30 am
Bike Start 7:30 am
Awards 11:00 am

EVENTS/COURSES

- 10 Mile Bike Through and
Around Meadowlands Sports Complex
- 3K Canoe on Hackensack River
- 4 Mile Run to Laurel Hill Park and MeadowFest!

PRE-REGISTRATION

By mail or online at www.ACTIVE.com

FEES

By May 23, 2006 \$75.00
May 23 to June 3 \$95.00

SCORING

ChampionChip Scoring by www.compucore.com

AWARDS

1st, 2nd, 3rd overall and age groups,
male & female.

AGE GROUPS

18-24, then 5 year increments to 70 and over.

AMENITIES

Eco Tri tee, super refreshments, random prizes,
DJ, MeadowFest

Host Hotel Info? www.OYMP.net or
mzrace@oymp.net

All canoes, paddles and personal floatation
devices to be provided by the Eco-TRI

Depending on the number of entries, we may
employ WAVE STARTS. Make sure you give
us your bike rating on the entry form

DEADLINE: JUNE 3, 2006

MINIMUM AGE: 18

Saturday, June 10, 2006



Meadowlands Liberty

Eco-TRI

Presented by



Meadowlands Liberty
convention & visitors bureau

In Cooperation with



www.OYMP.net



A CELEBRATION OF THE HACKENSACK RIVER

A BIG DAY

The Meadowlands Liberty Eco-TRI is being held in collaboration with MeadowFest, New Jersey's premier outdoor festival, with a fantastic array of resources of state, county and local institutions behind it. With great food, thousands of visitors, continuous entertainment, educational exhibits and a day of fun, MeadowFest invites you to join the party adjacent to the Eco Tri finish.

Visit www.MeadowlandsLibertycvb.com and www.stayinthemeadowlands.com

AN EXTRAORDINARY COURSE

A 12,000 acre wildlife preserve is being developed in the Meadowlands along the Hackensack River, providing permanent protection to one of the most important estuaries on the eastern seaboard and a great opportunity for triathletes to participate in a new, unique, multi-sport event, The Meadowlands Liberty Eco Tri.

DIRECTIONS

- GSP to Rt. 3 East to Giants Stadium.
- NJ Turnpike to To Exit 16W to Giants Stadium.
- Follow Eco Tri Parking signs.

INFORMATION

www.OYMP.net ● 732 381-0318 ● mzrace@oymp.net



Saturday, June 10, 2006

OFFICIAL TRIATHLON RULES

Please read carefully. Some rules may be superceded by pre-event instructions.

BIKE

- ANSI or Snell approved bike helmet is mandatory.
- Bike frame #s must be attached to the top tube and be visible at all times.
- Bike repair is the athlete's responsibility. Check your bike BEFORE the event.
- Bikes must be in working order: brakes, gearing, tires.

CANOE

- All canoes, paddles and personal flotation devices (PFD's) will be provided by the event organizers. No private canoe equipment allowed.
- All canoeists must wear a fully fastened "PFD ".
- Boat or rubber-soled shoes must be worn .No aqua shoes or bare feet allowed. Sneakers OK.
- In case of high winds, rough waters or unsafe conditions, the canoe leg will be cancelled.

RUN

- Runners may not be assisted in any way.
- Contestants must run on the right side of the road unless otherwise instructed.

GENERAL TRIATHLON RULES

- Wear bib number on front. No folding or cutting.
- No headphones (strictly enforced).
- Pick up of bike will occur at canoe transition.
- Event organizers reserve the right to disqualify athletes for medical reasons or misconduct and may alter the course to assure safety.

Presented by



In Cooperation with



OFFICIAL ENTRY FORM

2006 Meadowlands Liberty ECO-TRI
Saturday, June 10, 2006

Entry deadline **June 3, 2006** Minimum Age **18**

Checks payable to: Meadowlands Liberty CVB **Mail to:** OYMP, PO Box 738, Clark, NJ 07066

last name		first name	
street		city	state zip
phone	e-mail	age on race day	date of birth
Bike Rating (circle one) 1 2 3 4 5 novice expert		Fees By May 23, 2006 \$75.00 <input type="checkbox"/>	May 23 to June 3 \$95.00 <input type="checkbox"/>
T-shirt Size <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL			

WAIVER/RELEASE: In consideration of this entry being accepted, I hereby for myself, heirs, executors & administrators, waive and release any claims I may have against the Meadowlands Liberty Convention & Visitors Bureau, New Jersey Meadowlands Commission, Meadowlands Regional Chamber of Commerce, New Jersey Sports and Exposition Authority, County of Hudson, County of Bergen, Municipalities of Secaucus, East Rutherford and Carlstadt, NJ, Axiom Communications, Inc., Red Roof Inn, Secaucus, OYMP and all parties, groups, organizations, volunteers, sponsors and (or) any representatives involved in the Meadowlands Liberty Eco Tri for injuries that may be suffered by me in this event.

I also hereby agree to comply with all of the rules, regulations and instructions of the Event and its directors and attest that I am physically fit and have sufficiently trained for this triathlon which is a strenuous, difficult and hazardous athletic undertaking. I further permit the free use of my name and pictures in broadcast, telecast and the press as they pertain to the Event.

signature	date	print name
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A final instruction packet will be sent to you in early June